



2nd
**CARDIO
METABOLIC**

..... **SUMMIT**

DIVANI CARAVEL

06 - 07 / 02

2015





We can create the future!

By exploiting new promising data that change the facts on cardiovascular diseases' treatment.

By using new interactive tools which support us and change the way we get informed.

By searching for new treatment solutions which offer a better quality of life to thousands of people!

Insight into the future



6th - 7th
February
2015

CVM SUMMIT - DIVANI CARAVEL ATHENS

ROOM: MACEDONIA

Friday 6th February

17:00 – 17:30

Arrivals – Coffee

17:30 – 18:00

Welcome Remarks by the Presidents of Scientific Societies

18:00 – 20:00

Session 1: Cardiometabolic Diseases Management in the Focus

Chairs: Sotiropoulos A., Efthimiadis A.

18:00 – 19:30

Hollistic Management of CVM patients in practice

Diabetologist point of view - Melidonis A.

Cardiologist point of view - Richter D.

19:30 – 20:00

e-Health applications for physicians and patients in daily clinical practice - Thireos E.

20:00 – 20:30

Coffee Break

20:30 – 22:00

Session 2: 20 years journey in CVM research

Chairs: Ioannidis I., Tselepis A.

20:30 – 21:15

The 20yr LDL journey - Mikhailidis D., Katsiki N.

21:15 – 22:00

20 year anniversary of the DPP-4 inhibition hypothesis - Carr R.

22:00

Dinner

6th - 7th
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Saturday 7th February

09:00 – 09:30

Arrivals-Coffee

09:30 – 11:40

Session 1: Hot Topics in DMT2

Chairs: Dimitriadis G., Migdalis I.

09:30 – 09:55

Phenotype Features Influencing Response to Anti-Hyperglycaemic Therapy in DMT2 - Giorgino F.

09:55 – 10:20

Achieving Glycemic Goals With Addition of DPP-4 inhibitors to Insulin in Patients With DMT2 - Gallwitz B.

10:20 – 10:45

9 years of DPP-4's in practice: Evidence from Real World data - Consoli A.

10:45 – 11:10

Treatment for renally impaired patients with DMT2 - Chan J.

11:10 – 11:40

Cardiovascular Safety of Antihyperglycaemic Agents - What Do We Know and What Is Missing - Sourij H.

11:40 – 12:00

Coffee Break

12:00 – 14:00

Session 2: Hot Topics in Atherosclerosis

Chairs: Elisaf M., Pitsavos C.

12:00 – 12:20

LDL-C in the context of current guidelines - Drexel H.

12:20 – 12:45

Statin treated patients at very high cardiovascular risk: Are the majority close to LDL-C? - Gitt A.

12:45 – 13:10

How cholesterol influences the lifetime risk for thrombotic events and what genetics tell us - Toth P.

13:10 – 13:35

The results of IMPROVE IT in the context of previous clinical trials - De Ferrari G.

13:35 – 14:00

LDL-Cholesterol - is there a hypothesis? - Laufs U.

14:00 – 15:00

Lunch

15:00 – 16:00

Session 3: Combining evidence into treating patients

Chairs: Kazakos K., Andrikopoulos G.

Treating Patients in practice: 4 selected case studies

Bousboulas S., Alexandridis T., Vlachopoulos Ch., Millionis Ch.

16:00 – 17:00

Session 4: Compliance in Chronic Patients

Chairs: Pappas S.

Compliance: Why it is important, how it can be achieved - Liatis S.

CARE program: An example of how a patient support program

can support physician's work - Karousos G.

17:00 – 17:30

Coffee Break

17:30 – 19:00

Continuing Professional Development Workshops:

Developing awareness and reputation in the digital era - Varsamos K.

Building Patient Loyalty - Rousis P.

Health related legal framework, regulations and code of conduct - Spiropoulou, E.

Workshops: Continuing Professional Development Workshops

Developing awareness and reputation in the digital era

Konstantinos Varsamos, Business Development Consultant, Managing Partner GET2WORK

Why internet and social media concern healthcare professionals. / On line behavior and trends of doctors and patients. / How to capitalize and exploit the web. / The purpose and value of the most popular social media: Facebook, Google+, YouTube, Twitter, LinkedIn, Twitter, Pinterest. / Social digital engagement.

Building Patient Loyalty

Petros Rousis, Training and Development Consultant

Building rapport with patient. / Particular needs and expectations identification. / Behavioral adaptation. / Reassuring, convincing and effective communication. / Establishing Trust.

Health related legal framework, regulations and code of conduct

Elena Spiropoulou, Lawyer, MA

Cases and guidelines related to compliance, transparency, data privacy, web presence, eHealth.

Speakers:

Alexandrides T., Professor of Medicine - Endocrinology, Head of Endocrine Division, University of Patras, School of Medicine

Bousboulas S., Internist-Diabetologist, Chief of Diabetes Center, 3rd Internal Medicine Department & Diabetes Center General Hospital of Nikaia-Piraeus

Karousos G., MD, Msc, MRCP, Consultant Physician in General Internal Medicine with a special interest in Diabetes, Director at Iatriko Kentro Psyxikou

Katsiki N., 1st Propedeutic Department of Internal Medicine, AHEPA University Hospital, Aristotle University of Thessaloniki, Thessaloniki, Greece

Liatis S., MD, PhD, Consultant in Internal Medicine and Diabetology, First Department of Propaedeutic Internal Medicine, Diabetes Center, Athens University Medical School, Laiko General Hospital

Melidonis A., Director of 1st Department Internal Medicine & Diabetes Center "TZANIO" General Hospital

Mikhailidis DP., Academic Head, Department of Clinical Biochemistry, Royal Free Hospital Campus, University College London Medical School, University College London (UCL)

Milionis C., Associate Professor of Internal Medicine, Medical School, University of Ioannina

Richter D., Director of 2nd Cardiology Clinic, EUROCLINIC Athens, President of National Society of Lipidology (EELIA)

Thireos E., General Practitioner - NHS Consultant - Vari Health Centre, WHO NCD/PHC Consultant, Secretary General Athens Medical Society

Vlachopoulos C., Associate Professor of Cardiology, Hippokrateion General Hospital of Athens, 1st University Clinic

Chairs:

Andrikopoulos G., Director of Cardiac Department, Henry Dunant Hospital, Athens

Dimitriadis G., Professor of Internal Medicine, Chairman, 2nd Department of Internal Medicine-Propaedeutic, Research Institute & Diabetes Center of Athens University Medical School, University General Hospital "Attikon"

Efthimiadis A., Professor of Cardiology, Medical School of Aristotle University of Thessaloniki, President of Northern Greece Atherosclerosis Society

Elisaf M., Professor of Internal Medicine, Medical School, University of Ioannina

Ioannidis I., MD, PhD, Internist Diabetologist, Director of Diabetes Outpatient Clinic, General Hospital of Nea Ionia, "Konstantopoulou Patision"

Kazakos K., Internist Diabetologist, Associate Professor, Faculty of Nursing, Alexander Technological Educational Institute of Thessaloniki

Migdalis I., Internist Diabetologist, Director, 2nd Medical Department and Diabetes Center, NIMITS Hospital, Athens

Pappas S., Internist Diabetologist, President of Institute of Study, Research and Training for Diabetes Mellitus and Metabolic Diseases

Pitsavos C., Professor of Cardiology, Medical School of Athens

Sotiropoulos A., President of the Hellenic Diabetes Association, Internist-Diabetologist & General Practitioner, Doctor of Philosophy from National and Kapodistrian University of Athens, Greece, Director NHS, 3rd Medical Dpt General Hospital of Nikaia-Piraeus

Tselepis A., Professor Biochemistry-Clinical Chemistry, University of Ioannina, President of Hellenic Atherosclerosis Society

Hot Topics in Diabetes:

Chan J., Professor at the Department of Medicine and Therapeutics, Director of the Hong Kong Institute of Diabetes and Obesity and Director of the Clinical Research Management Office, The Chinese University of Hong Kong at the Wales Hospital

Consoli A., Professor of Endocrinology at the University "G. d'Annunzio" School of Medicine in Chieti, Italy

Gallwitz B., Professor of Medicine and Deputy Chief at the Department of Medicine IV of the Eberhard-Karls-University Tuebingen, Germany, Head of the Outpatient Clinics for Endocrinology, Diabetes and Metabolism

Giorgino F., Professor of Endocrinology and Metabolism, Chief of the Division of Endocrinology and Director of the Specialty School of Endocrinology and Metabolism at the University Hospital Policlinico Consorziiale, University of Bari, Aldo Moro, Bari, Italy

Sourij H., Professor at Department of Endocrinology and Metabolism, Medical University of Graz, Graz, Austria

Hot Topics in Atherosclerosis:

De Ferrari G., Head of the Cardiac Intensive Care Unit and Director of the Cardiovascular Clinical Research Center at the Fondazione IRCCS Policlinico San Matteo in Pavia, Italy, Associate Professor of Cardiology at the University of Pavia, Italy

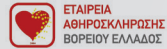
Drexel H., Univ.Prof. Dr. Dr.hc., Professor and Dean, University Liechtenstein, Drexel University, PA, USA, Head of Cardiology Department at Feldkirch Academic Medical Center

Gitt A., Director, Institute for Research in Myocardial Infarctions, Ludwigshafen, Chief Physician Cardiology, Heart Center Ludwigshafen

Laufs U., Professor for Clinical and Experimental Medicine and Vice Chairman of the Department of Internal Medicine, Cardiology, Angiology and Intensive Medicine at the University of Saarland, Homburg, Germany

Toth P., Director of Preventative Cardiology CGH Medical Center Sterling, Illinois, Professor of Clinical Family and Community Medicine University of Illinois College of Medicine Peoria, Illinois, Professor of Clinical Medicine Michigan State University College of Osteopathic Medicine East Lansing, Michigan Adjunct Associate Professor Medicine Johns Hopkins University School of Medicine Baltimore, Maryland

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